

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS and [comfort zone] facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

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| [comfort zone] Sublime Skin Deluxe Lift Facial | 70 minutes | £109 |
| [comfort zone] Sublime Skin Active Lift Facial | 55 minutes | £85 |
| [comfort zone] Sublime Skin Double Peel Facial | 55 minutes | £85 |
| ELEMIS Pro-Glow Smooth Facial | 55 minutes | £85 |

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

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| [comfort zone] Recover Touch Facial | 55 minutes | £85 |
| [comfort zone] Remedy Facial | 55 minutes | £85 |
| [comfort zone] Active Pureness Facial | 55 minutes | £85 |
| [comfort zone] Hydra Glow Facial | 55 minutes | £85 |
| ELEMIS Pro-Glow Brilliance Facial | 55 minutes | £85 |
| ELEMIS Pro-Glow Resurface Facial | 55 minutes | £85 |
| ELEMIS Pro-Glow Renewal Facial | 55 minutes | £85 |
| [comfort zone] Express Facial | 25 minutes | £60 |
| ELEMIS Pro-Glow Express Facial | 25 minutes | £60 |

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

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| ELEMIS Biotec Pro-Glow Smooth Facial+ | 55 minutes | £85 |
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Skin Specific/Prescriptive Technology Facials

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| ELEMIS Biotec Pro Glow Brilliance Facial+ | 55 minutes | £85 |
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Massage

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| [comfort zone] Aromasoul Elements Massage | 55 minutes | £85 |
| [comfort zone] Tranquillity Pro-Sleep Ritual | 55 minutes | £85 |
| ELEMIS Freestyle Deep Tissue Massage | 55 minutes | £85 |
| Traditional Full Body Massage | 55 minutes | £85 |
| [comfort zone] Back Ritual | 55 minutes | £95 |
| ELEMIS Freestyle Deep Tissue Massage | 40 minutes | £73 |
| ELEMIS Freestyle Deep Tissue Massage | 25 minutes | £60 |
| Traditional Back Neck & Shoulder Massage | 25 minutes | £60 |

Combination Treatments

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| Full Body Massage & Luxury Facial Combo | 115 minutes | £155 |
| Luxury Facial & Back Neck, Shoulder Massage Combo | 85 minutes | £135 |
| Full Body Massage & Express Facial Combo | 85 minutes | £135 |
| Face & Body Combo Treatment | 55 minutes | £85 |
| Body Scrub & Massage Combo Treatment | 55 minutes | £85 |
| Massage & Shape and Polish Combo Treatment | 55 minutes | £85 |
| Fingers and Toes Combo Treatment | 55 minutes | £68 |

Heat Treatments

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| ELEMIS Poultice-Powered Muscle Release | 55 minutes | £95 |
| ELEMIS Deeper than Deep Hot Stone Massage | 55 minutes | £95 |
| ELEMIS Deeper than Deep Hot Stone Massage | 40 minutes | £83 |
| Hot Stones Upgrade | 15 minutes | £10 |

Body: Rituals Scrubs & Wraps

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| [comfort zone] Himalayan Salt Ritual | 55 minutes | £85 |
| [comfort zone] Tranquillity Pro-Sleep Ritual | 55 minutes | £85 |
| ELEMIS Frangipani Body Nectar Nourishing Wrap | 55 minutes | £85 |
| ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub | 25 minutes | £60 |
| ELEMIS Intensely Cleansing Frangipani Salt Scrub | 25 minutes | £60 |

Pregnancy

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| ELEMIS Peaceful Pregnancy Massage | 55 minutes | £85 |
| [comfort zone] Pregnancy Facial | 55 minutes | £85 |

Suitable for all mothers-to-be from 13 weeks of pregnancy

Speciality Treatments

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| Indian Head Massage | 25 minutes | £60 |
| Rasul Mud Treatment | 40 minutes | £45 |

Hands & Feet

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| Luxury Pedicure | 70 minutes | £65 |
| Classic Pedicure | 55 minutes | £60 |
| Luxury Manicure | 55 minutes | £60 |
| Classic Manicure | 40 minutes | £55 |
| Shape and Polish for Toes | 25 minutes | £35 |
| Shape and Polish for Fingers | 25 minutes | £35 |

Please bring open toe shoes to wear after your pedicure

Gel Nails

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| GEL Removal and Pedicure* | 70 minutes | £75 |
| GEL Removal and Manicure* | 70 minutes | £70 |
| GEL Pedicure | 55 minutes | £65 |
| GEL Manicure | 40 minutes | £60 |
| GEL Shape and Polish | 25 minutes | £40 |
| GEL Removal* | 15 minutes | £20 |

**Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking*

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines. Treatments do not include use of facilities.

All prices include VAT at 20% and may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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HOTELS